

Your Personal Mission Statement

Let me start by asking you a question. What is your mission? What guides you and inspires you? What gets you up out of bed in the morning? As a leader, what are your goals, objectives, dreams and/or governing values? Do you have a personal mission statement?

So what is a personal mission statement? It is a brief description of what you want to focus on, what you want to accomplish and who you want to become in a particular area of your life. For many of us we have never taken the time to really think about this. However, creating a mission statement is a great way to focus your energy, actions, behaviors and decisions towards the things that are most important to you.

So how do you create a mission statement? Well, there are certain aspects that show up in most mission statements. They include what you want to become or what you want to accomplish. Something else that is often reflected in one's mission statement includes your values. After all, your values determine where you spend your time, energy and money. Therefore they should be reflected in your mission statement.

We are going to take a few minutes to create your mission statement. Your mission statement is going to be your road map towards your own success. Look at the handouts that you have. I am now going to ask you a series of questions. All I want you to do is fill in the blanks in the proper order.

Ready? Here we go. You will have 10 seconds to answer each of the following questions. Ten seconds is not a lot of time, so write down the first thing that comes to your mind.

Questions to help with personal mission:

- 1. Write your name.**
- 2. What are you passionate about?**
- 3. Before my life is over I will _____ or die trying.**
- 4. What special quality do you look for in a friend or co-worker?**
- 5. What do you like most about yourself?**
- 6. What is your greatest gift to the world?**
- 7. If you had one career-related wish, what would it be?**
- 8. What is one thing you would do if you knew you couldn't fail?**
- 9. What is your greatest fear as it relates to your career?**
- 10. Write your name once again.**
- 11. In one positive word, how would you describe yourself?**

Now take a look at what you have written. Take time now to do one of two things. You can fill in what you wrote down to correspond to the numbers in the blanks on page 2. Or, you can choose to create your own mission statement. I have included in your notebook samples of other famous mission statements along with other styles of writing them down. (Pages 3-5.) Take the next 5 minutes to create your mission statement.

(Give the time to write)

(While they are writing remind them) Remember that your mission statement is not cast in stone. It will continue to change and evolve as you gain insights about yourself and what you want out of life.

Okay, how did you do? Does anyone have a mission statement they are proud of? Let's hear a couple. (Have two volunteers share their personal mission statement.)

Great. Now I have question for you. Does your mission have to be big to be worthy? No. Does it have to change the world? Of course not, it only has to be big enough to change your world, your life, and your future.

Okay, now that we have created our mission statement let's see how we can use our mission statement along with what we learned in the other workshops to strengthen our Relationships, Decisions and Actions.

Writing a Personal Mission Statement

A Personal Mission Statement is a brief description of what you want to focus on, what you want to accomplish and who you want to become in a particular area of your life. It is a way to focus your energy, actions, behaviors and decisions towards the things that are most important to you.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____

*Your mission statement
does not have to be **big**.*

*It does not have to
change the world.*

*But it should be **big enough to
change your world.***

I Am A Leader

My name is (1)_____ and I am a leader who is passionate about_(2)_____. My life has meaning and my mission is clear. I am determined to (3)_____ and I will not be denied. People will know by my presence, when I walk into a room, that I am somebody. When it comes to others I will look for _(4)_____ within them. When it comes to me, I will let the pride of my_(5)_____ shine through. I am valuable because of who I am and what I have to offer the world, I have a gift of_(6)_____. Today I have decided to live my dream of becoming a_(7)_____, yet I reserve the right to change my mind. I have the tenacity and the audacity to _(8)_____ if I so desire. I will not shy away from my fear of_(9)_____ but rather use all my fears as fuel to make me stronger and propel me wherever I want to go. I am going to love the life I live, and I will follow my heart because I know it knows the way. My name is_(10)_____ and I am a _(11)_____ leader!

Signature

